

MIDLAND UNIVERSITY

Catering Guide

Catering Information

Midland University

We know catering. We have a passion for everything food, especially food + design. Memorable catered events require the talent of seasoned professionals who understand the many facets that differentiate a good event from a great event.



CATERING OVERVIEW

Innovation is found through creativity. Fresh Ideas is continually searching for new ways to bring creativity to our catered events. Food should be interesting, and we believe food presentation is of paramount importance – a way to experience the excitement prior to tasting what you see.

Incredible food and amazing service are two of the things we strive to make memorable for you and your guests. While in many cases you will find exactly what you are searching for in the Midland Catering Guide, we are happy to create a menu tailored especially for your event.

BREAKFAST SELECTIONS

Continental Breakfast

A delicious breakfast with Chef's selection of assorted breakfast pastries, chilled orange juice, regular and decaf coffee.

Parfait & Breakfast Breads

Seasonal fresh fruit with assorted breakfast breads, tasty low-fat yogurt and granola, orange juice, regular and decaf coffee.

Hot Breakfast Buffet

This hearty breakfast buffet includes delicious scrambled eggs, fried potatoes, your choice of bacon or sausage, fresh chilled orange juice, regular and decaf coffee.

Savory & Sweet Buffet

Please all palates with egg strata, choice of bacon, sausage or ham, breakfast potatoes, fresh fruit salad, scones, regular and decaf coffee.

Enhancements

- Seasonal Fresh Fruit Salad
- Individual Yogurt Cups
- Whole Fresh Fruit
- Granola or Nutri Grain Bars
- Home Style Gravy and Fresh Baked Biscuits with Butter and Jelly
- Sausage, Egg and Cheese Biscuits
- Additional Sausage or Bacon (Buffet Only)
- Hard Boiled Egg

BOXED LUNCH SELECTIONS

Signature Box Lunch

Our signature box lunches are simple yet satisfying. Includes your choice of gourmet sandwich, assorted bags of chips, fresh fruit salad, gourmet cookies, and assorted bottled beverages.

Sandwich Options

- Chicken Salad on Croissant
- Oven Roasted Turkey with Pesto Mayo on Pretzel Bread
- Baked Ham & Swiss with Honey Mustard on Marble Rye
- Roast Beef with Horseradish Spread on Onion Roll
- Grilled Chicken Breast with Chipotle Aioli on Kaiser Roll
- Italian Stacker (Roast Beef, Turkey, Ham and Provolone) with Italian Dressing on Ciabatta Roll
- Grilled Vegetable Wrap with Roasted Red Pepper Sauce
- Grilled Chicken Caesar Wrap
- BLT Wrap

Salad Box Lunch

The lighter version of the signature box lunch. Includes your choice of salad with assorted crackers, fresh fruit salad, gourmet cookies, and assorted bottled beverages.

Salad Options

- Grilled Chicken Caesar Salad
- Chef Salad
- Grilled Chicken Cobb Salad

PLATED LUNCH SELECTIONS

Grilled Chicken Caesar Wrap

Delicious sliced grilled chicken breast, crisp romaine lettuce, shredded parmesan cheese and classic caesar dressing rolled in a flour tortilla. Served with fresh fruit cup or potato chips. Chef's selection of gourmet dessert, served with iced tea and water.

Fiesta Chicken Salad

Fresh, mixed salad greens tossed with pico de gallo, black beans, corn, colby jack, scallions and fresh cilantro. Topped with grilled chicken and crispy tortilla strips. Served with dinner rolls, Chef's selection of gourmet dessert, iced tea and water.

Beef Tenderloin Cobb Salad

Mixed salad greens with tomato, bacon bits, hard boiled egg, avocado, and gorgonzola cheese. Topped with sliced beef tenderloin strips (may substitute sliced grilled chicken). Your choice of balsamic vinaigrette or bleu cheese dressing. Served with dinner rolls, Chef's selection of gourmet dessert, iced tea and water.

Oriental Chicken Salad

Try something unique with our oriental salad greens tossed with water chestnuts, green onions, slivered pea pods, shredded carrots. Topped with chow mein noodles and sesame ginger vinaigrette. Served with dinner rolls, Chef's selection of gourmet dessert, iced tea and water.

Spinach & Mixed Greens Salad

This salad is packed with flavor. Featuring fresh leaf spinach and mixed greens, dried cranberries, spiced walnuts, red onions and blue cheese. Served with platters of sliced grilled chicken, shrimp and London broil with herbed ranch dressing. Served with dinner rolls, Chef's selection of gourmet dessert, iced tea and water.

Catering Information

COLD BUFFET SELECTIONS

Chef Salad Buffet

Crisp mixed greens accompanied by turkey, ham, cheddar cheese, hard boiled eggs, cucumbers, tomatoes, sliced black olives and croutons. Your choice of ranch or italian dressing. Served with delicious dinner rolls, assorted cookies or brownies, and your choice of iced tea or lemonade.

Chicken & Salmon Salad Buffet

Fresh romaine, grilled chicken and grilled salmon, tomato wedges, hard boiled eggs, croutons and parmesan cheese. Your choice of caesar or French dressing. Served with delicious dinner rolls, assorted cookies or brownies, and your choice of iced tea or lemonade.

American Deli Buffet

Sliced ham, turkey and roast beef, swiss and American cheese, lettuce, tomato and pickles. Served with a selection of bread and rolls. Your choice of potato salad, pasta salad or potato chips. Served with assorted cookies or brownies, and your choice of iced tea or lemonade.

Chicken Caesar Salad

Try something light, fresh and perfect. Featuring crisp romaine lettuce, sliced grilled chicken breast, tomato wedges, hard cooked eggs and croutons. Topped with our handcrafted caesar dressing. Served with delicious dinner rolls, assorted cookies or brownies, and your choice of iced tea or lemonade.

Assorted Wrap Buffet

Flavorful variety of chicken caesar wraps, BLT wraps, veggie wraps, fresh fruit salad and hummus with pita chips. Served with assorted cookies or brownies, and your choice of iced tea or lemonade.

Assorted Sandwich Buffet

Customize this sandwich buffet to fit your needs. Featuring your choice of tossed salad or special soup of the day. Your choice of potato salad, pasta salad or potato chips. Served with assorted cookies or brownies, and your choice of iced tea or lemonade.

Sandwich Buffet Options

- Roast Beef with Horseradish on Onion Roll
- Oven Roasted Turkey on Pretzel Bread
- Grilled Chicken Breast on Kaiser Roll
- Turkey Club Croissant



HOT BUFFET SELECTIONS

Taco Buffet

Flavorful seasoned beef, spanish rice and refried beans. Served with soft flour tortillas and hard shell tortillas with shredded lettuce, tomatoes, salsa, sour cream, jalapeño peppers and colby jack cheese. Served with assorted cookies or brownies, and your choice of iced tea or lemonade.

Baked Potato Bar

Individual baked potatoes, topped with broccoli, chili, scallions, crumbled bacon, sour cream, shredded cheddar cheese. Served with a crisp, fresh tossed salad, assorted cookies or brownies, and your choice of iced tea or lemonade.

Beef Philly Buffet

Sliced, tender beef with grilled onions, mushrooms, grilled sliced green pepper & monterey jack cheese sauce. Served with hoagie rolls, potato chips and choice of soup or salad. Served with assorted cookies or brownies, and your choice of iced tea or lemonade.

Grilled Chicken Buffet

Seasoned herbed chicken breast, pasta primavera, italian salad, and handcrafted bread sticks. Served with assorted cookies or brownies, and your choice of iced tea or lemonade.

BBQ Buffet

Choice of three of the following: grilled hamburgers, bratwurst, hot dogs or garden burgers. Served with buns, choice of potato salad, pasta salad or potato chips. Finish things off with an assortment of cookies or brownies, and your choice of iced tea or lemonade.

Smoke House Buffet

Featuring smoked in-house brisket and BBQ pork served with sandwich buns and ranch salad. Your choice of potato salad, pasta salad or potato chips. Choice of corn on the cobb or baked beans. Served with assorted cookies or brownies, and your choice of iced tea or lemonade.

Pasta Station Buffet

Featuring pasta du jour with meat sauce and alfredo sauce. Served with italian salad, garlic bread, assorted cookies or brownies, and your choice of iced tea or lemonade.



DINNER BUFFET SELECTIONS

Chicken Parmesan Dinner

Breaded, boneless chicken breast with handcrafted marinara and provolone cheese. Served with your choice of fresh salad. Served with vegetable medley, and baked cheese manicotti. Chef's selection of gourmet dessert. Served with iced tea or lemonade.

Carved Beef & Chicken Dinner

Seasonal vegetable blend, roasted red potatoes, sliced roast beef with a demi glaze sauce, sliced chicken breast. Chef's selection of gourmet dessert. Served with iced tea or lemonade.

Pork Loin Dinner

Sliced pork loin served with au gratin potatoes, medley of squash and green beans. Chef's selection of gourmet dessert. Served with iced tea or lemonade.

Grilled Chicken Breast Dinner

Boneless skinless chicken breast prepared marsala style, piccata style or grilled with supreme sauce. Featuring rice pilaf and fresh vegetable medley. Chef's selection of gourmet dessert. Served with iced tea or lemonade.



Add our soup of the day or fresh fruit salad to any buffet option. Gluten-free items available upon request for an additional charge. Buffet selections require a minimum of 15 people. Ten percent increase in price for guest count under 15.

Catering Information

PLATED DINNER SELECTIONS

Roasted Prime Rib Dinner

Try our juicy, slow roasted prime rib with seasoned au jus, featuring twice baked potato and asparagus. Your choice of fresh salad. Served with rolls and Chef's selection of gourmet dessert. Served with iced tea, water, and coffee.

Beef Tenderloin Dinner

Slow roasted beef tenderloin with bordelaise sauce and wild mushroom ragout. Served with oven roasted rosemary potatoes and fresh vegetable medley. Your choice of fresh salad. Served with rolls and Chef's selection of gourmet dessert. Served with iced tea, water, and coffee.

Chicken Capri Dinner

Boneless, juicy chicken breast served with our handcrafted, warm sun-dried tomato vinaigrette, served with oven roasted red potatoes and green beans almondine. Your choice of fresh salad. Served with rolls and Chef's selection of gourmet dessert. Served with iced tea, water, and coffee.

Salad Options

Wild Greens

Seasonal wild greens with caramelized walnuts, red onion, fresh berries and feta cheese. Served with our raspberry vinaigrette dressing.

Classic Caesar

Romaine lettuce with tomato wedges, shredded parmesan and handcrafted croutons. Served with classic caesar dressing.

Spinach Salad

Fresh leaf spinach tossed with hot bacon dressing, garnished with sliced mushroom, hard boiled egg and red onions.

Italian Salad

Crisp italian greens tossed with roasted red pepper, artichoke hearts, pepperoncini peppers and parmesan. Served with Italian dressing.

Tossed Salad

Iceberg lettuce, cherry tomatoes, shredded carrots and red onion served with your choice of dressing.

China is required for all plated meals.

HORS D'OEUVRES

By the Dozen, Minimum Order 3 Dozen

- Swedish or BBQ Meatballs
- Buffalo Chicken Drumsticks
- BBQ Chicken Drumsticks
- Assorted Mini Quiche
- Toasted Ravioli with Marinara
- Crab Rangoon
- Potstickers with Soy Sauce
- Veggie Quesadillas with Salsa
- Chicken Quesadillas with Salsa
- Chicken Tenders with Honey Mustard
- Stuffed Mushrooms
- Veggie Eggrolls
- Assorted Dollar Roll Sandwiches
- Spanikopita
- Antipasto Kebobs
- Chicken Bouchee
- BLT Stuffed Cherry Tomatoes
- Polenta Cake with Andouille Sausage
- Flank Steak on Mini Croissant
- Pasta Primavera Forks
- Crudite Shooter
- Jumbo Shrimp Cocktail
- Bruschetta

DIPS & SNACKS

Serves 25 People

- Spinach & Artichoke Dip with Pita Chips
- Trio of Spreads: Hummus, Feta and Black Olive, Tomato Pico with Pita Chips
- Buffalo Chicken Dip with Tortilla Chips
- Potato Chips with French Onion Dip
- Tortilla Chips with Salsa
- Pretzels
- Goldfish Crackers
- Gardetto's
- Berry & Nut Snack Mix (4 servings)
- 100 Calorie Snack Pack Assortment
- Snack Box: Bottled Water, Apple and 2 Packs of 100 Calorie Snack Packs

PARTY TRAYS

Serves 25 People

- Bread Bowl with Spinach Dip
- Assorted Cheese Tray with Crackers
- Vegetable Tray with Ranch or Dill Dip
- Seasonal Fresh Fruit Tray
- Assorted Cheese, Fruit and Cracker Tray
- Summer Sausages, Cheese and Cracker Tray
- Brie en Croute with Bread
- Grilled Vegetable Tray

AFTERNOON BREAKS

Sweet & Salty Break

Cookies, fudge brownies, individual potato chips or pretzels and assorted bottled beverages.

Healthy Break

Seasonal fresh fruit tray, nutri grain bars and granola bars, individual yogurt and bottled water.

Snack Attack

Pretzels, mixed nuts, goldfish crackers, Gardetto's snack mix and assorted bottled beverages.

South of the Border Break

Black bean salsa, pico de gallo and guacamole with tortilla chips, assorted bottled beverages.

PARTY SUBS & PIZZA

American Sub

12" sub with ham, salami, bologna, American cheese with mustard and mayonnaise. Serves three people.

Italian Sub

12" sub with salami, pepperoni, capicola ham and provolone cheese with an italian spread. Serves three people.

Vegetable Sub

12" sub with roasted vegetables with handcrafted red pepper sauce. Serves three people.

Handcrafted Pizza

Your choice of 16" cheese, pepperoni, sausage, meat lover's or supreme pizza.

BAR SERVICE

Fresh Ideas provides full bar service with bartenders for a fee. Please refer to the catering price list for more information.

Fresh Ideas holds the liquor license and must be the purchaser and server for alcohol service provided at Midland University. Donated alcohol is not permitted at any venue on the campus.

DESSERTS

Available by the dozen

- Gourmet Cookies
- Doughnuts
- Brownies
- Dessert Bars
- Rice Krispie Treats
- Cupcakes
- Mini Pastries
- Scones
- Assorted Mini Muffins
- University Print Cookies
- Assorted Muffins
- Assorted Bagels
- Assorted Breakfast Breads
- Assorted Mini Desserts
- Chocolate Dipped Strawberries
- Chocolate Seduction Bites
- Assorted Mini Cheesecakes
- Assorted Upscale Mini Desserts
- Mini Parfaits
- Taster Spoons

Per Person

- Ice Cream Sundae Bar
- Banana Split Bar
- Candy Bar (4-5 Assorted Candies)
- Brownie Parfait
- Chocolate Fondue: Strawberries, Pineapple, Marshmallows, Pretzels & Vanilla Wafers

BEVERAGES

- Assorted Bottled Soda (12oz)
- Bottled Water (12oz)
- Classic Fruit Punch (per gallon)
- Lemonade (per gallon)
- Orange Juice (per gallon)
- Regular Coffee (per gallon)
- Decaffeinated Coffee (per gallon)
- Iced Tea (per gallon)
- Hot Chocolate (per gallon)

